

Ballerina Barbie Camp



June 6-9 9 am - 12 pm Ages 3-8 Dancing ~ Makeover Day ~ Barbie Photo



Ages 5 & Up June 13 - 16 9 am - 12 pm Dancing - Makeover - Hair - Nails





Camp

June 20-24

9 am - 12 pm 4 - 6 Year Old 9 - 11 Year Old

1 - 4 pm



Registration:

Child's Name		Parent(s) Name			
Address	City	City		Zip Code	
Phone	E	mail			Age
Birthdate	A	llergies			-
Camp Selection:	\$125 each	Sign up for t	wo camps & g	get the third can	np 1/2 off!!
Barbie	Glitz & C	Gymnastics am pm			
Parent Signature			Date		
Emergency Contact	Information:				
Name	R	elationship	Cont:	act Number	





About Our Camp Instructor, REGINA GILSTRAP!

Regina Gilstrap has been teaching for over 20 years. She trained directly under Greg Force, owner of Greenville Gymnastics. As a young girl she competed up to level five in USAG. She currently coaches at Foothills Gymnastics and Cheer in Easley, SC. She also teaches dance and acro classes at Let's Dance and Carolina Dance Collaborative. She's an excellent instructor and coach with a keen eye for detail. In her teaching, she is zealous for proper technique and helping students understand the importance of excellence; to keep them safe and to help them in the future, as acro skills build on one another. She has a unique way of communicating to young students; movement, body awareness, and muscle control. All these in turn help them to achieve acro skills with proper body alignment and technique.

Regina resides in Easley with her teenagers, Jace and Lou Lou and their two pets.



What to expect for 4 to 6-year-old students?

Participants will be learning skills to improve gross motor development while laying a good foundation to build strong acro skills. Skills taught will include tabletops, bridges, donkey kicks, handstands, cartwheels, forward & backwards rolls, candlesticks & more!! Each day will have a fun craft time. Students will need a water bottle & snack each day of camp.

What to expect for 9 to 11-year-old students?

Participants will use gross motor & fine motor skills to learn proper acro technique. Skills taught: cartwheel to aerial progressions, bridges, backbends, kick overs, headstands, elbow stands, handstands, candlesticks & much more!! Each day will include a fun craft. Participants will need a water bottle & snack each day of camp.



Sign Up Today!!
Cost is \$125